





Mental Health

Resources for Help and Support





The free and confidential resources below can help you or a loved one connect with a skilled, trained mental health professional.

Helplines

Need Support Now?

- If you or someone you know is struggling or in crisis, help is available. [Call](#) or [text](#) 988 or chat [988lifeline.org](#) 
- [Disaster Distress Helpline](#)  : CALL or TEXT 1-800-985-5990 (press 2 for Spanish)



Abuse/Assault/Violence

- [National Domestic Violence Hotline](#)  : 1-800-799-7233 or text LOVEIS to 22522
- [National Child Abuse Hotline](#)  : 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453
- [National Sexual Assault Hotline](#)  : 1-800-656-HOPE (4673) or [Online Chat](#) 





LGBTQ+

- [Trans Lifeline](#)  : 1-877-565-8860 (para español presiona el 2)
- The Trevor Project's [TrevorLifeline](#)  : 1-866-488-7386



Older Adults

- [The Eldercare Locator](#)  : 1-800-677-1116 – [TTY Instructions](#) 
- [Alzheimer's Association Helpline](#): 1-800-272-3900 (para español presiona el 2)

Veterans/Active-duty Military

- [Veteran's Crisis Line](#)  : 988, then select 1, or [Crisis Chat](#)  or text: 838255
- [U.S. Department of Veterans Affairs Mental Health Resources](#) 
- [Help for Military Service Members and Their Families](#) 

Finding Treatment

- [FindTreatment.gov](#) 
Find a provider treating substance use disorders, addiction, and mental illness.
- [American Psychiatric Association Foundation](#) 

Find a Psychiatrist

- [American Academy of Child and Adolescent Psychiatry](#) 
Child and Adolescent Psychiatrist Finder
- [American Psychological Association](#) 
Find a Psychologist

Opioid Treatment

- [Buprenorphine Treatment Practitioner Locator](#) 
- [Opioid Treatment Program Directory by State](#) 

Last Reviewed: April 27, 2023

Was this page helpful?

Yes

Partly

No

NO ONE EXPERIENCING A CRISIS SHOULD GO THROUGH IT ALONE.

FrontLine supports those experiencing homelessness, behavioral health crises, or violence in their homes or communities.

Our services are sensitive to the trauma experienced by these individuals and families.

We provide services to those in crisis through phone, online chat, or outreach.

OUR MISSION

Reaching out to adults and children in Northeast Ohio to end homelessness, prevent suicide, resolve behavioral health crises, and overcome trauma.



HOUSING SUPPORT

If you need shelter, call Coordinated Intake.

CALL: (216) 674-6700

MENTAL HEALTH SUPPORT

If you or someone you know is having thoughts of suicide or is in crisis, contact the crisis team.

CALL or TEXT: 988

CHAT: FrontLineService.org



FrontLine Service is a contract agency of the Alcohol, Drug Addiction & Mental Health Services Board of Cuyahoga County.

Main: (216) 623-6555

www.FrontLineService.org

1744 Payne Avenue • Cleveland, OH 44114



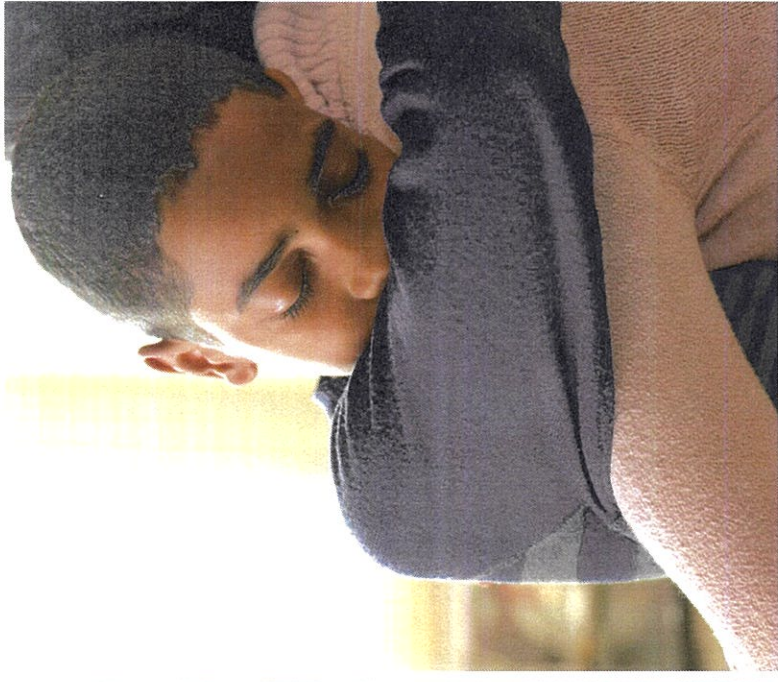
Reaching out. Resolving crisis.





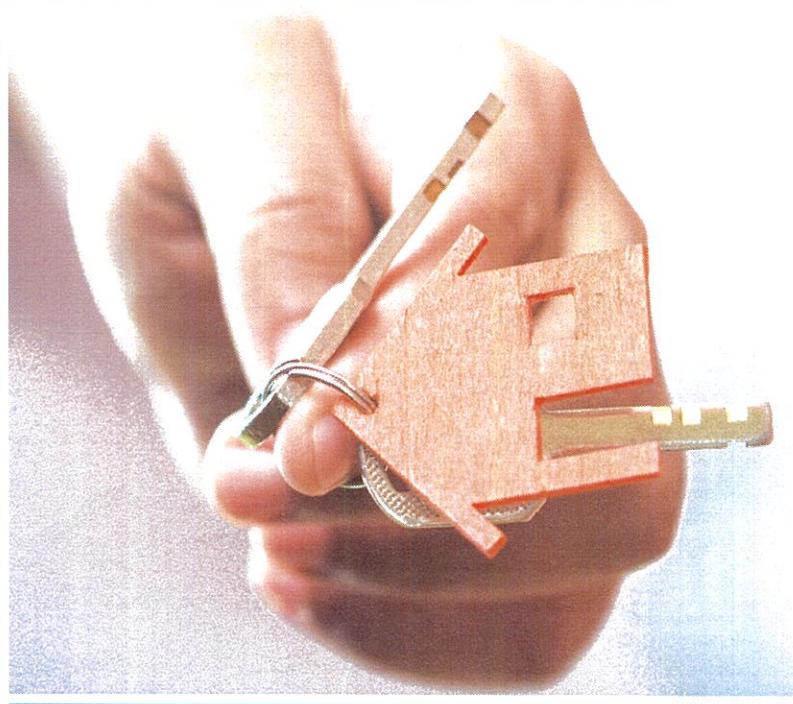
ENDING HOMELESSNESS

FrontLine Service provides outreach, emergency housing, behavioral health care, and supportive services for those who experience homelessness in Northeast Ohio. Through these services, we work to help individuals and families access housing, as well as the resources and skills to maintain that housing.



RESOLVING CRISIS

Available 24/7, FrontLine's crisis teams answer calls from those experiencing a behavioral health crisis, as well as from family and friends concerned about a loved one. The Adult Mobile Crisis and Child Response Teams provide support by phone, through chat, and when needed, through on-scene response.



OVERCOMING TRAUMA

FrontLine provides 24/7 support to children and families who have experienced or witnessed abuse, suicide, homicide, or the sudden loss of a loved one. We provide immediate practical and therapeutic support in families' homes to reduce the harmful effects of trauma.



As a patient of Lorain County Health & Dentistry, you have access to onsite behavioral health services as recommended by your medical provider.

Signs and Symptoms of Depression

- Persistent sadness, anxious, or "empty" feelings
- Feelings of hopelessness
- Feelings of guilt, worthlessness, or helplessness
- Loss of interest in activities or hobbies
- Difficulty concentrating, remembering details, and making decisions
- Thoughts of suicide

Comments:



Lorain County Health & Dentistry

An Ohio Community Health Center

**1205 Broadway
Lorain, Ohio 44052**

**3745 Grove Avenue
Lorain, Ohio 44055**

**412 E. River Street
Elyria, Ohio 44035**

**105 Louden Court
Elyria, Ohio 44035**

Lorain County Resource Guide

Behavioral Health Services

PHONE: (440) 240-1655

Our Mission

Lorain County Health & Dentistry, committed to respecting the dignity of every person, provides quality, comprehensive and compassionate primary health care to the people of Lorain and surrounding communities regardless of ability to pay.

www.lorainhealth-dentistry.org

Real People. Real Health.

The Nord Center Emergency Stabilization Services (ESS) offers crisis intervention services to any person in Lorain County experiencing an emotional or psychiatric crisis, including extreme feelings of despair, anxiety, stress, suicidal thoughts, assault, trauma and abuse. All services are available 24 hours a day, 7 days a week.

Nord Center Crisis Line: 1-800-888-6161

The Health Center is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 2333(a)-(n).

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Children/Adolescent and Adult

Services

 Children/Adolescent

 Adult

 Maternal Depression

 BILINGUAL

Applewood Centers, Inc.

Phone: (440) 324-1300
Address: 347 Midway Boulevard, Suite 306
Elyria, OH 44035

Bellefaire

Phone: (440) 324-5701
Address: 347 Midway Boulevard
Elyria, OH 44035

Beech Brook

Phone: (440) 324-4980
Address: 347 Midway Boulevard, Suite 204
Elyria, OH 44035

Daily Behavioral Health

Phone: (216) 252-1399
Address: 35295 Detroit Road
Avon, OH 44011

Far West Center

Phone: (440) 988-4900, Ext. 58
Address: 574 North Leavitt Road
Amherst, OH 44001

Firelands Counseling and Recovery

Phone: (440) 984-3882
Address: 554 North Leavitt Road
Amherst, OH 44001

Nord Center Crisis Line: 1-800-888-6161

El Centro de Servicios Sociales Inc.

Phone: (440) 277-8235
Address: 2800 Pearl Avenue
Lorain, OH 44055

The Nord Center

Phone: (440) 233-7232
CRISIS HOTLINE: 1-800-888-6161
Address: 6140 South Broadway
Lorain, OH 44053

Pathways Counseling & Growth Center

Phone: (440) 323-5707
Address: 312 3rd Street
Elyria, OH 44035

Ohio Guidestone

Phone: (440) 260-8300
Address: 2173 N. Ridge Road, Suite E
Lorain, OH 44055

Psych & Psych Services

Phone: (440) 323-5121
Address: 750 South Abbe Road
Elyria, OH 44035

Gathering Hope House Mental Health Recovery Center (Support Groups Only)

Phone: (440) 233-7400
Address: 1173 North Ridge Road E., Suite 102
Lorain, OH 44055

Lorain County Alcohol and Drug Abuse Services (LCADA)

Phone: (440) 989-4900
2115 West Park Drive
Lorain, OH 44053

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REMEMBER...

Help is Available!



Additional Services

United Way of Greater Lorain County

Phone: 211 or (800) 275-6106

Children's Developmental Center

(440) 984-2416
150 Erie Court, Amherst, OH 44001

Genesis House

Domestic Violence Hotline: (440) 244-1853
Phone: (440) 323-3400

Neighborhood Alliance- Help Me Grow

(440)- 277-8269
1536 E 30th Street, Lorain OH 44055

Mercy Hospital- Resource Mothers

Phone: (440) 989-3920
1957 Cooper Foster Park Road, Amherst OH 44001

Big Brothers Big Sisters (children 6-14)

Phone: (440) 277-6541
Address: 1917 North Ridge Road, Lorain, OH 44055

Catholic Charities Community Services

Phone: (440) 244-9915
Address: 203 W. 8th Street, Lorain, OH 44052

Lorain County Job & Family Services

Phone: (440) 323-5726
Address: 42485 North Ridge Road, Elyria OH 44035

Employment Network

Phone: (440) 324-5244

Lorain County Community College

Free Services for Students, Alumni, Community Members & Employers.
Phone: (440) 366-4076

Lorain County Transit

Phone: (440) 365-0224

Transportation Available Through Insurance Plans

Buckeye: 1-866-246-4353

Caresource: 1-800-488-0134

Molina: 1-800-642-4168

Paramount Advantage: 1-866-837-9817

United Healthcare: 1-877-892-3995

Nord Center Crisis Line: 1-800-888-6161



far WEST Center

SHINING with a NEW light

- ☐ To strengthen individuals,
- ☐ families and the
- ☐ community through
- ☐ culturally relevant
- ☐ behavioral healthcare
- ☐ services, education,
- ☐ and advocacy



HOME



PROGRAMS



RECOGNITION



CONTACT



SERVICES

CORE SERVICES

Mental Health Assessment – The single most important contact between the individual and our mental health services. It’s the first step toward diagnosis and an individual plan of treatment. Always, the assessment guides the course of care.

Psychiatric Services – Mental illness has different causes. For many persons, there are biochemical changes - changes in brain chemistry. Most disabling symptoms of mental illness can be managed by a prescribed medication plan. Staying on the right medication at the right dose for the right length of time...is a major step toward long-term recovery.

Counseling & Therapy – Serious problems can interfere with daily living, or life changes may overwhelm a person’s ability to cope. Counseling provides skills and options needed to manage life’s challenges, improve self-esteem, relationships and mood. Individual, family and group counseling are available.

Community Psychiatric Support Treatment – Multiple services “wrap around” persons to promote self-sufficiency and encourage independent community living.

Partial Hospitalization – A more intensive, daily level of group service for persons who need additional contact with their treatment team to manage a time of crisis or bring disabling symptoms into control.

Mental Health Education, Training and Consultation – Services and programs on mental health topics presented for community organizations.

To REQUEST SERVICES
contact our *access office* at
440.835.6212 (Westlake)
440.988.4900 (Amherst)

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