Family and Community Resources

The American Academy of Pediatrics

<u>The American Academy of Pediatrics</u> has helpful resources on attaining optimal physical, mental, and social health and well-being for all infants, children, adolescents and young adults.

Action for Children

<u>Action for Children</u> also have information on health care services for families. Action for Children provides information on parent resources in the community, including parenting classes, health and wellness resources, parenting tips, and more.

Clintonville Resources Center

<u>Clintonville Community Resources Center</u> (CRC) has programs established to promote a positive quality of life for residents of the Clintonville-Beechwold area.

Confident Parents Confident Kids

Dedicated to actively supporting kids' social, emotional and ethical development <u>Confident Parents Confident Kids</u> is a blog about self-help, responsible decision making, and relationship skills.

Columbus Parent Magazine

Subscription based, <u>Columbus Parent</u>'s website provides helpful articles about kids and establishing healthy lifestyles.

Columbus Speech & Hearing Center

<u>Columbus Speech & Hearing Center</u> is the largest provider of outpatient speech and hearing services in central Ohio.

Help Me Grow

Help Me Grow (HMG) is Ohio's birth to 3 system that provides state and federal funds to county Family and Children First Councils to be used in conjunction with state, local and other federal funds to implement and maintain a coordinated, community-based infrastructure that promotes trans-disciplinary, family-centered services for expectant parents, newborns, infants and toddlers and their families. The Ohio Department of Health, Bureau of Early Intervention Services (BEIS) is the lead agency administering HMG program in Ohio.

Head Start

<u>Head Start</u> is a federally funded school readiness program for children, prenatal to age 5. Head Start provides services to eligible children and families in the areas of early learning, health, and family well-being, while engaging parents and guardians as partners, every step of the way.

Early Head Start National Resource Center

<u>The Early Head Start National Resource Center</u> "is a 'one-stop-shop' for infant-toddler and Early Head Start (EHS) expertise, resources, information, and training."

Zero to Three

ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers.

Ohio's Infant and Toddler Guidelines

These guidelines are set to ensure that "all infants and toddlers of Ohio will receive responsive, reciprocal, and respectful care that will successfully prepare them for school and life."

Healthychildren.org

The American Academy of Pediatrics parenting website with a wealth of great information and resources for parents!